

School Wellness Policy Assessment Tool

This assessment tool should be completed by the School Wellness Team (e.g. teachers, other staff, students, parents, community partners).

Completion of the assessment tool will help team members determine where this school is currently meeting the regulations of Section 204 of the Healthy, Hunger-Free Kids Act of 2010 (the Act), Public Law 111-296, added Section 9A to the Richard B. Russell National School Lunch Act (NSLA) (42 U.S.C. 1758b), of the "*Local School Wellness Policy Implementation*".

Date Assessment Completed.....August 30,2017

A. Nutrition Goals

	Fully in Place X	Partially in Place X	Not in Place List steps you will take or are taking	N/A X
Scheduling of Meals				
1. Arrangements are made for students who need more time to finish their lunch.	x			
2. Meal periods are scheduled at appropriate times. (Lunch should be served between 11:00 am and 1 pm.)	x			
3. Lunch rooms have enough space for seating all students scheduled for that meal period.	x			
4. Lunch participation is encouraged. For example: bus schedules arranged to increase student access, breakfast in the classroom, or breakfast offered during morning break.	x			
5. Meals served are appealing and attractive.	x			
6. Meals served in clean and pleasant rooms.	x			
7. Meals served meet minimum nutrition requirements.	x			
8. Variety of fruits and vegetables offered.	x			
9. Only low-fat (1%) or fat free milk offered.	x			
10. Whole grain use is encouraged	x			
11. Fresh Drinking water is available in the lunch room to the students during meal times.	x			
Fundraising or School Sponsored Events				
12. Fundraising: The sale of healthy food items or of non-food items in actively encouraged.				x
Celebrations				
13. Classroom celebrations encourage healthy choices. (For example: Birthdays, Rosh Chodesh, Siyum)	x			

Food and Behavior				
14. Foods or beverages are NOT used as rewards for academic performance or good behavior	x			
Sharing Foods and Beverages				
15. Sharing of foods and beverages are not allowed.	x			
Safety				
16. Smoking is not strictly allowed on school premises.	x			
Nutrition Education				
17. Provide Health Education, including nutrition education.	x			
18. Child Nutrition Education is integrated throughout the school day in classrooms and after school programs.	x			
19. Encourage families through newsletters, homework assignments and parent-teacher meetings to make healthy food choices and lead a healthy lifestyle.	x			
C. Physical Fitness Goals				

Physical Education				
20. Implements health and fitness curriculum as appropriate for all students by grade level.	x			
21. All students receive physical education each year. There will be no exemptions to this law.	x			
Integrating Physical Activity into the Classroom				
22. In addition to physical education, students are encouraged to engage in moderate to vigorous physical activity preferably outdoors.	x			
Daily Recess				
23. Provide ELEMENTARY school students with at least 20 minutes a day of supervised recess each day	x			
24. Prepare and encourage HIGH SCHOOL students to have a physically active recess period.	x			
Physical Activity Opportunities Before and After School				

25. Provide every student with opportunities to voluntarily participate in extracurricular physical activities through after school programs.	x			
26. Offer a program to encourage safe walking to and from school where appropriate.	x			
Physical Activity and Punishment				
27. Teachers and other school and community staff do not use physical activity or hold back opportunities for physical activity as punishment.	x			
Staff Wellness				
28. School staff serve as role models for students and are the key to successful implementation of wellness programs.	x			
Parent Wellness				
29. Parents are encouraged to provide healthy choices and physical activity opportunities at home	x			

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.